

# Phytochemical and Biological Studies on Bark Extract of *Aporosa wallichii* Hook.f.

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**ABSTRACT:** The ethyl acetate extract of bark of *Aporosa wallichii* Hook.f. was extensively investigated for the chemical characterization of secondary metabolites and for biological activities. After repeated chromatographic separation and purification, two compounds were elucidated as a phenolic compound ferulic acid (1) and an uncommon triterpene glut-5(6)-en-3 $\beta$ -ol (2) from the ethyl acetate extract of barks of *A. wallichii* by using high field NMR analyses. This is the first report of isolation of both compounds from this plant species. No significant antimicrobial activity was observed for any fraction after Kupchan partitioning of the extract. During the antioxidant activity assay, the ethyl acetate soluble fraction of *A. wallichii* demonstrated significant DPPH radical scavenging capacity with an IC<sub>50</sub> value of 1.25  $\mu$ g/mL. The other fractions *viz.* petroleum ether, aqueous and chloroform soluble fractions exhibited moderate, mild, and weak activity respectively. The petroleum ether soluble fraction demonstrated maximum thrombolytic property (51.33%) which was similar to that of standard streptokinase (66.81%).

**Keywords:** *Aporosa wallichii*, ferulic acid, triterpene, thrombolytic, antioxidant.

## INTRODUCTION

*Aporosa wallichii* Hook. f. is a flowering plant belonging to the family Phyllanthaceae.<sup>1</sup> In Bangladesh, the plant is familiar as *Kokra*. This plant is distributed mainly in Assam, Bangladesh, Laos, Myanmar, Thailand.<sup>2,3</sup> According to literature review, no phytochemical study was carried out previously on this plant. A recent study showed a significant level of antioxidant property, moderate level of thrombolytic and cytotoxic activity of *A. wallichii*.<sup>4,5</sup> Furthermore, potential biological properties were shown by other *Aporosa* species. For example, there are antioxidant, anti-amylase and lipid-lowering properties of *A. lindleyana*.<sup>6</sup> Antimicrobial, analgesic, and antidiuretic effects were also reported from this

plant.<sup>7,8</sup> *A. aurea* has different pharmacological properties, including antitrypanosomal activity and cytotoxicity.<sup>9</sup> Since these *Aporosa* plants possess promising pharmacological potential, it can be hypothesized that *A. wallichii* also has such properties. Thus, the current study was designed to conduct phytochemical and biological investigations of *Aporosa wallichii* systematically.

## MATERIAL AND METHODS

**General experimental procedures.** Vacuum liquid chromatography (VLC) was used following the prescribed method.<sup>10</sup> The column of the apparatus was packed under vacuum with fine VLC grade silica (Kieselgel 60H) up to 6 cm, followed by washing with *n*-hexane to ensure the compact packing of the column. Gel permeation chromatography technique was used mainly to separate chlorophyll from the rest of the compounds. Hence, Sephadex (LH-20) was

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used to pack the column. Sephadex was soaked in chloroform for 24 hrs before packing the column. Column chromatography (CC) was performed on 70-230 mesh silica gel 60 (Merck, Germany), while preparative thin layer chromatography (PTLC) (20 × 20 cm) and thin layer chromatography (TLC) (20 × 5 cm) were performed on silica gel 60 PF<sub>254</sub> on 0.25 mm thick aluminium sheets (Merck, Germany). Fractions eluted VLC and CC upon re-chromatography over TLC and PTLC, afforded compounds **1** and **2** in pure form. The <sup>1</sup>H NMR spectrum was recorded using a Bruker Avance (400 MHz) instrument and referenced to the residual non-deuterated solvent signal.

**Plant material.** The bark of *A. wallichii* was collected in October 2018 from Sylhet district of Bangladesh. A voucher specimen of this collection of the plant was deposited at Bangladesh National Herbarium (BNH) (accession number DACB 46559). The bark was cleaned and cut into small fragments and then shade-dried for a week. The dried sample was then crushed into powder by a grinding machine.

**Extraction and isolation.** Powdered bark material (1.26 kg) was soaked in 3.0 L distilled ethyl acetate for eight days with occasional shaking and stirring. The filtrate was evaporated at 40°C and low pressure using Buchii Rotavapor rotary evaporator to get the crude extract of *A. wallichii*. The ethyl acetate crude extract was subjected to VLC for rapid fractionation using *n*-hexane, ethyl acetate and methanol in increasing order of polarities. GPC was used with different solvent systems (20% *n*-hexane in chloroform, 10% *n*-hexane in chloroform, 100% chloroform, 1% MeOH in chloroform, 99% MeOH in chloroform, 100% MeOH). Compound **1** was isolated from GPC Test Tube No. 1 of the VLC Fraction No. 12 (40% EA in *n*-Hexane) of the ethyl acetate extract of barks of *A. wallichii* as white crystals. Whereas, the compound **2** was isolated as white crystals from GPC Fractions 14-16 of VLC Fraction No. 3 (2% Ethyl Acetate (EA) in *n*-Hexane) of ethyl acetate extract of barks of *A. wallichii*.

**Properties of isolated compounds.** Ferulic Acid (**1**): White crystals; <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>): δ

7.59 (1H, d, *J* = 15.8 Hz, H-3), 7.13 (3H, dd, *J* = 8.2, 1.7 Hz, H-6'), 7.05 (3H, d, *J* = 1.7 Hz, H-2'), 6.94 (3H, d, *J* = 8.2 Hz, H-5'), 6.48 (1H, d, *J* = 15.8 Hz, H-2), 5.86 (1H, s, 4'-OH), 3.95 (3H, s, 3'-O-Me).

Glut-5(6)-en-3β-ol (**2**): White crystals; <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>): δ 5.66 (1H, d, *J* = 5.75, H-6), 3.49 (1H, s, H-3), 1.19 (3H, s, H-29), 1.12 (3H, s, H-26), 1.08 (3H, s, H-23), 1.04 (3H, s, H-30), 1.01 (3H, s, H-24), 0.98 (3H, s, H-25), 0.90 (3H, s, H-27), 0.88 (3H, s, H-28).

**Sample preparation for the determination of biological activities.** For biological screening, about 5 g of crude extract of *A. wallichii* was subjected to solvent-solvent partitioning<sup>11</sup> by petroleum ether, chloroform and ethyl acetate, respectively. After solvent-solvent partitioning, four solvent fractions were obtained namely petroleum ether soluble fraction (AWP), chloroform soluble fraction (AWC), ethyl acetate soluble fraction (AWE) and aqueous soluble fraction (AWA). These four fractions were used as test samples for biological studies.

**Antioxidant activity.** Antioxidant activity of the test sample was measured using 1,1-diphenyl-2-picrylhydrazyl (DPPH) free radical scavenging assay.<sup>12</sup> In this method, the ability of the test sample to react with DPPH radical in an alcoholic solution was calculated. After adding the test sample, the free radical solution was decolorized, and the change in absorption was measured at 517 nm using a UV-Vis spectrophotometer. The reference standard butylated hydroxyl toluene (BHT) was used as a known hydrogen donor. Inhibition of DPPH radical scavenging was determined using the following equation:

$$I\% = (A_{\text{control}} - A_{\text{sample}}) / A_{\text{control}} \times 100\%$$

Where,  $A_{\text{control}}$  was the absorbance of the DPPH solution without the test samples, and  $A_{\text{sample}}$  was the absorption of the sample with the test compounds. The concentration required for 50% inhibition (IC<sub>50</sub>) was calculated on the basis of a percentage of inhibition vs concentration plot.

**Thrombolytic activity.** The thrombolytic activity of plant extracts was determined by standard

method<sup>13</sup> and the result was expressed as a percentage of blood clot lysis. Here, streptokinase (1500000 IU) and distilled water were used as the positive and negative control, respectively. Venous blood was taken from a healthy human volunteer and transferred to previously weighed sterile Eppendorf tubes. The tubes were incubated at 37°C for 45 min. After incubation, the fluid was removed. Then the weights of the tube were measured again to observe the weight difference after clot disruption. 500 µl (10 mg/ml) of the test sample was added to the Eppendorf tubes. 100 µl of streptokinase and distilled water were added to each of the control tubes separately. All the tubes were incubated for 90 min at 37°C, and clot lysis was observed. Then the left fluid was removed carefully. And once again, the tubes were weighed. The weight difference before and after the lysis of the clots was expressed as % clot lysis. Following equation was used to determine % clot lysis:

$$\% \text{ clot lysis} = (\text{weight of clot after lysis} / \text{weight of clot before lysis}) \times 100\%$$

**Antimicrobial activity.** Antimicrobial activity was assessed using disc diffusion method.<sup>14</sup> Two Gram-positive and two Gram-negative bacteria were grown in separate Petri dishes with Muller-Hinton agar medium. Standard tetracycline, azithromycin, levofloxacin, and ciprofloxacin discs were used as positive control, while blank discs were used as the negative control. 20 µl solution from 20 mg/ml of the each Kupchan fraction was added to the blank disc to achieve the concentration of 400 µg/disc. The sample discs and standard antibiotic discs were gently placed on the previously marked spots in the pre-inoculated agar plates with the test bacteria. Then the plates were incubated at 37°C for 24 hrs. The antimicrobial potency of the sample agents was calculated by their action to prevent the growth of the microorganisms surrounding the discs that gave a transparent zone of inhibition. After incubation, the antimicrobial activity of the sample partitionates was evaluated by measuring the diameter of the zones of inhibition (in mm) using a transparent scale.

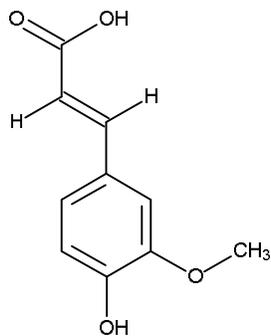
## RESULTS AND DISCUSSION

Two compounds (**1** and **2**) were isolated and purified using repeated chromatographic procedures from the ethyl acetate extract of the stem bark of *A. wallichii*. The structures of those isolated compounds were elucidated by comparing their published <sup>1</sup>H NMR data available in literature.

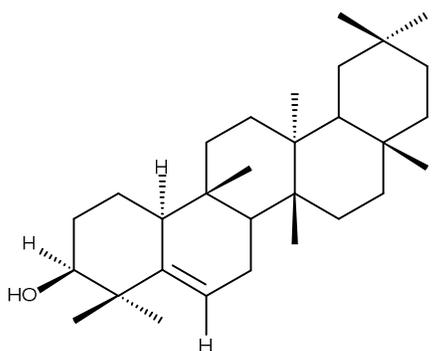
The <sup>1</sup>H NMR spectrum of compound **1** revealed the presence of doublets at δ 7.05 (*J* = 1.7 Hz) and at δ 6.94 (*J* = 8.2 Hz), and a double-doublet at δ 7.13 (*J* = 8.2 & 1.7 Hz) which attributed an ortho and para-substituted aromatic ring. The presence of a singlet signal at δ 3.95 is characteristic for three protons of a methoxy group that is located at ortho position to the phenolic OH group. Two doublets at δ 7.59 and 6.48 indicated olefinic protons located at α and β positions, respectively to a carbonyl group. The *J* value 15.8 is characteristic for trans coupling. The above spectral data are in very close agreement to those found in published data for ferulic acid.<sup>15</sup> This is the first-time report of ferulic acid from *A. wallichii*.

The <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>) of compound **2** showed a doublet at δ 5.66 which is characteristic for an olefinic proton and a signal at δ 3.49 indicating the presence of an oxymethine proton assignable to H-6 and H-3, respectively. The signals attributing for eight methyl singlets were observed at δ 1.19, 1.12, 1.08, 1.04, 1.01, 0.98, 0.90 and 0.88. Based on these spectral features, compound **2** was characterized as an uncommon triterpene named glut-5(6)-en-3β-ol. The identity of compound **2** was further confirmed by comparison of its <sup>1</sup>H NMR data with previously published data.<sup>16</sup> This is the first report of glut-5(6)-en-3β-ol from *A. wallichii*.

**Antioxidant activity.** BHT was used as the positive control for which the IC<sub>50</sub> was found to be 5.85 µg/ml. Among Kupchan fractions, ethyl acetate fraction showed the highest free radical scavenging activity (IC<sub>50</sub> 1.25 µg/ml). Other fractions also showed mild to moderate antioxidant activity (Table 1).



Compound (1): Ferulic acid



Compound (2): Glut-5(6)-en-3β-ol

Figure 1. Structures of the compounds obtained from *A. wallichii*.Table 1. Free radical scavenging activity of different fractions of *A. wallichii*.

Sample	IC <sub>50</sub> value (μg/ml)
BHT	5.85
AWP	12.96
AWC	24.23
AWE	1.25
AWA	16.88

BHT: Tert-butyl-1-hydroxytoluene, AWP: Petroleum ether soluble fraction of *A. wallichii*, AWC: Chloroform soluble fraction of *A. wallichii*, AWE: Ethyl acetate soluble fraction of *A. wallichii*, AWA: Aqueous fraction of *A. wallichii*.

Table 2. Thrombolytic activity of different soluble fractions of *A. wallichii*.

Sample	% of clot lysis
Distilled water	1.52
Streptokinase	66.81
AWP	51.33
AWC	18.00
AWE	10.53
AWA	21.02

**Thrombolytic activity.** Among all fractions, the petroleum ether fraction showed the highest thrombolytic activity (51.33%), whereas standard streptokinase showed 66.81% clot lysis at 37°C (Table 2).

**Antimicrobial activity.** Antimicrobial activity of different fractions of *A. wallichii* was evaluated against two Gram-positive (*Bacillus subtilis*, *Staphylococcus aureus*) and five Gram-negative (*Escherichia coli*, *Salmonella typhi*, *Shigella flexneri*, *Pseudomonas aeruginosa*, *Vibrio* sp.) bacterial species. Tetracycline, azithromycin, levofloxacin, and ciprofloxacin were used as positive controls while distilled water was used as the negative control. Kupchan fractions of *A. wallichii* did not show any antimicrobial activity at 400 μg/disc dose.

## CONCLUSION

Repeated chromatographic separation and purification of the ethyl acetate crude extract of the bark of *Aporosa wallichii* afforded two pure compounds ferulic acid (1) and glut-5(6)-en-3β-ol (2). Both the compounds have been reported for the first time from this plant.

Test materials of *A. wallichii* were involved in few biological screenings. Of which the antioxidant and thrombolytic activity of the plant extractives were significant.

Therefore, the plant materials can be further studied considering the potential bioactivity to assess their unexplored effectiveness and rationalize their applications as conventional medicines.

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